

# The world's most important conference on human happiness.



## Tools and techniques for a happier life

Join a dazzling line up – 50+ speakers representing the best minds in psychology, philosophy, science, education, medicine, business and spirituality.

### Highlights of this extraordinary conference include:

- **Hear the latest, ground-breaking research into human happiness:** Learn about the impact of positive emotions, social networks and choice on our happiness, from leading scientists **Barbara Fredrickson, James Fowler, and Barry Schwartz.**
- **10+ fascinating international speakers:** including bestselling author of *The Beauty Myth*, **Naomi Wolf** and acclaimed creativity guru **Edward de Bono.**
- **A meeting of scientific and spiritual minds:** World-renowned meditation teachers **Dr Robert Thurman** and Australian cancer survivor **Petrea King** join with neuroscientist **Sara Lazar** in exploring the impact of meditation on our hearts and minds.
- **Our speakers are making a difference in the world:** Be inspired by the work of human rights campaigner **Michael Kirby** and the former first lady of East Timor, **Kirsty Sword Gusmao.**
- **Unique and inspiring Personal Stories are conference favourites:** Hear the heart-rending but inspiring stories of **Lindy Chamberlain-Creighton, Jessica Rowe** and anti-violence campaigner **Ken Marslew.**
- **Interactive workshops:** Spend quality time with world-class presenters including happy ageing expert **George Vaillant**, Australian CBT leader **Ross Menzies** and finance expert **Arun Abey.**

**SPECIAL OFFER**

Save \$100

Register by 13th

March 2010

**5-6 May 2010**

**HAPPINESS**  
& its causes

Members and associates of supporting bodies are eligible to a further 10% discount off the conference fee.

**Bookings and information +61 2 8719 5118**

**[www.happinessanditscauses.com.au](http://www.happinessanditscauses.com.au)**